



## Prayer to St Joseph for Lent 2026

St. Joseph, whose protection is so great, so strong, so prompt before the throne of God  
I place in you all my prayers and intercessions.  
Help me to fulfil my Lenten promises.  
Assist me during these 40 days of grace  
and obtain for me from your divine Son Jesus  
all spiritual blessings, Amen

### Pope Leo XIV

#### "Fasting from harsh words during Lent"

I would like to invite you to a very practical and frequently unappreciated form of abstinence: that of refraining from words that offend and hurt our neighbour. Let us begin by disarming our language, avoiding harsh words and rash judgement, refraining from slander and speaking ill of those who are not present and cannot defend themselves. Instead, let us strive to measure our words and cultivate kindness and respect in our families, among our friends, at work, on social media, in political debates, in the media and in Christian communities. In this way, words of hatred will give way to words of hope and peace.

### Trócaire: weekly update from the box

This year's Trocaire box features Uwamahoro, a young mother supporting her daughter, niece and elderly mother. The house Uwamahoro's family live in is a small mudbrick structure with three small, virtually empty rooms. With no electricity or windows, the family live in near total darkness all day and night. They used to have a separate outdoor kitchen where they could cook safely and burn firewood for the stove without smoke filling the house, but a heavy rainstorm destroyed the kitchen so Uwamahoro cooks using a small pot and some firewood in the back room of the house, while her mother and the children stay in another room to avoid the smoke. Losing her kitchen is just one of the many ways the increasingly severe rainstorms have impacted Uwamahoro and her family.

### St Joseph: Patron for Lent

The statue of St Joseph and the candle shrine is set up at the back of the church to invite people to seek his help for our Lenten undertakings.

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Fr Paul Crosbie PP

Fr John Kennedy CC

Fr Marcin Pietras

**Trim Masses 7pm,**

**9am, 11am, 12.30pm**

**Boardsmill 10am**

### Extra Mass for Lent

7.45am Mass on Tuesdays  
Wednesdays & Thursdays

### Friday Adoration

Eucharistic Adoration for Lent  
every Friday 2pm - 6pm

### 30 minute reflection via Zoom for Lent

Fr Paul continues with the next reflection on Thursday, 7pm.

**Saturday 7pm** JJ, Renee Fallon / Beatrice, Leo McNally / Kathleen Lowther / Sean Fahy  
**Sunday 9am** Mass for people's intentions  
**Sunday 10am** Thomas Farrelly  
**Sunday 11am** Tom O'Toole (First Anniv) / Agnes Doris  
**Sunday 12.30** Teresa Calter / Phyllis Brady  
**Monday 10am** Christopher Dowdall & Dec'd Family  
**Tuesday 10am** Mark, Anna Lalor  
**Wednesday 10am** Frank, Kathleen, Betty Donohoe  
**Thursday 10am** George, Bridget & Mary Jones  
**Friday 10am** Joe Divilly

**Saturday 10am** Paddy, Aggie Mooney, son Pat & Dec'd Family, Max & Maureen Voest  
**Saturday 7pm** Sharon Smith (MM) Anne Marmion (First Anniv) / Ray Crinion Tom Quinn  
**Sunday 9am** Harry, Peggy Sivyer  
**Sunday 10am** Michael Garrigan  
**Sunday 11am** David Joyce / Christina Mooney  
**Sunday 12.30** Mass for people's intentions

#### We pray for the recently deceased

Maureen Gantley, Canada  
Paddy Peppard, Steeple View

### Meals on Wheels

1. We are looking to recruit some new drivers to help us deliver Meals on Wheels. If you can volunteer to help us for one hour on one day a week, we would be delighted to hear from you. Please call 089 2490148
2. We also need one volunteer to assist in the kitchen. Saturday is the busiest day so we would be very grateful if we can recruit a volunteer to help in the kitchen for 2 or 3 hours, preferably on a Saturday or any other day in the second half of the week.
3. Meals on Wheels volunteers are frequently in contact with vulnerable adults and the service of our volunteers in this regard is exceptional. We will be providing updated training on how to best respond to the needs of vulnerable adults in the community.
4. As part of this upgrading of our service, all volunteers will be asked to be Garda vetted in the coming weeks. This is currently standard practice in dealing with vulnerable adults.

### Donation received - Credit Union

Very many thanks to our local Credit Union for the donation of €1,000 to Meals on Wheels. This support to the community is enormously appreciated.

**Seven Mass Challenge** cards for children  
during Lent are available in the church.  
It can be downloaded at [www.trimparish.com](http://www.trimparish.com)

### On the pinnacle - The Third Temptation

'Temples and spires are good for looking down from;  
You stand above the world on holy heights,  
Here on the pinnacle, above the maelstrom,  
Among the few, the true, unearthly lights.  
Here you can breathe the thin air of perfection  
And feel your kinship with the lonely star,  
Above the shadow and the pale reflection,  
Here you can know for certain who you are.  
The world is stalled below, but you could move it  
If they could know you as you are up here,  
Of course they'll doubt,  
but here's your chance to prove it  
Angels will bear you up, so have no fear....'  
'I was not sent to look down from above,  
It's fear that sets these tests and proofs, not love.'

*Malcolm Guite, Sounding the Seasons*

### Work on Church Grounds

Scaffolding will be erected along the wall of the church grounds for a few weeks. One of the pedestrian gates will be closed off but the other pedestrian access gate will be open at all times. A health and safety review was undertaken. Hoarding will be set up to safeguard the work and a temporary footpath will be created around it which will be lit up.

